

# ETU EUROPEAN TAEKWONDO CHAMPIONSHIPS



**19 – 22 MAY 2016**  
SALLE OMNISPORTS DU PIERRIER  
*Montreux, Switzerland*

MONTREUX RIVIERA  
Ville de Montreux



FONDS DU SPORT VAUDOIS

VAUDE

Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra

swiss olympic | EVENT SUPPORTER



## **Welcome by ETU President Sakis Pragalos**

Dear athletes, coaches, officials and guests,

I warmly welcome you to subscribe your team for the 22<sup>nd</sup> European Taekwondo Senior championships 2016! This event will be the last big event before the Games of the XXXI Olympiad in Rio. Therefore, I am very grateful that you and your team are coming to fight for the highest honor in Europe.

This year, we celebrate the 40<sup>th</sup> anniversary of the European Taekwondo Union. It was 40 years ago that our predecessors founded our organization and held the first European Championships. Now, 40 years later I think we can look back with pride on the achievements we have all made together.

The Organizing Committee is working hard to have a great event in the city of Montreux. I am convinced that the OC will do a great job and deliver excellent championships! I wish all of you good luck in the preparations for this event and hope to see you soon in Montreux!

A handwritten signature in black ink, appearing to read 'Sakis Pragalos', written in a cursive style.

Sakis Pragalos

*ETU President*



## **Swiss Taekwondo President's Introduction**

Dear Taekwondo Family, Distinguished Guests!

Greetings from the beautiful and sunny shores of the Lemman Lake, Switzerland, and welcome in our City of Montreux!

Although a small country, offering a large choice of various winter and summer sports, Switzerland has seen an impressive development of Taekwondo around the country, since a few years. Hosting the headquarters of the Olympic Committee, just a few kilometres away (in Lausanne), the Montreux Region has been extensively supportive of our Taekwondo movement and the numerous clubs in the region. The region has been hosting several G1 tournaments, including the World Para Championships in 2013, and is very proud to be the birthplace of successful young Swiss athletes.

Thanks to the work of a dynamic National Federation, and a group of passionate taekwondo professionals and amateurs, we have been able to set up new training structures and draw regional resources for our national team. The cities of Montreux, Vevey and Lausanne have been proactive in supporting our initiatives therefore contributing to the organisation of the coming ETU European Championship.

We are very proud to host you in one of the most hospitable and spectacular landscape in the world, with the biggest Lake in Europe, at the bottom of the breath taking Swiss Alps. A region with a long and solid tradition of warm hospitality. All the best athletes of European countries will gather in Montreux, Switzerland. We will be the capital of Europe in Taekwondo during this period. We trust that we will offer the best conditions to our athletes to achieve their competition goals and write their name on the wall of fame. We trust as well that all members of our great European Taekwondo family will deeply enjoy their time in the Montreux area and keep a great memory in their heart.

I would like to express my sincere thanks to the Swiss Olympic, Fonds du Sport Vaudois, Federal Office of Sport and mainly European Taekwondo Union for the trust given to Swiss Taekwondo to host the European Senior Taekwondo Championships.

I warmly welcome all the delegations coming to the ETU European Senior Taekwondo Championships and I wish them success and an unforgettable stay in Montreux.

Sincerely,

**Abdenbi Amhand**

**President Swiss Taekwondo**



## **Introduction by the Mayor of Montreux**

Welcome,

We are proud to welcome the 22nd edition of the ETU European Taekwondo Championships to Montreux. This Championship marks an occasion to discover a sport that, whilst less well known in Switzerland, is important to our world-renowned athletes. As a sporting city, Montreux has hosted various prestigious sporting events, to the advantage of sports fans from both near and far.

Montreux is a tourist area, nestled between the lake and mountains; the city is loved for, amongst other things, its cultural events and international festivals - such as the Montreux Jazz Festival and Montreux Comedy Festival. Montreux benefits from a unique geographical location and a resultant microclimate that is rich in flora; it enjoys the charm of its Belle Epoque hotels, terraces, a casino and congress centre, boutique shopping and world-renowned private schools and medical clinics.

I hope that this broad introduction is both fulfilling and interesting to all - athletes and visitors alike. I take the opportunity to thank and congratulate the organisers and volunteers of this Championship, who are fully committed to its success.

On behalf of the Authorities, I would like to welcome you to our Vaudoise Riviera and I express my warmest wishes for the success of this 22nd edition of the ETU European Taekwondo Championships in Montreux.

Laurent Wehrli

Mayor





### 1. Promoter

#### **European Taekwondo Union (ETU)**

Secretary General Michail Fysentzidis

50 Skoufastr, 10672, Athens Greece

Tel & Fax: +30211 2144717

[www.taekwondoetu.org](http://www.taekwondoetu.org)

[taekwondoetu@gmail.com](mailto:taekwondoetu@gmail.com)

### 2. Organiser

ASSOCIATION TAEKWONDO MONTREUX 2016

CASE POSTALE 1312

1820 MONTREUX

Email: [info@taekwondoeuro2016.com](mailto:info@taekwondoeuro2016.com)

Website: <http://www.taekwondoeuro2016.com>

### 3. Venue / Sport Hall

Salle omnisports du Pierrier

**Address:** Chemin du Pierrier, 1815 Montreux, Switzerland





#### 4. Qualifications

In accordance with Article 4: Qualification of Contestant of the WTF Competition Rules, the contestant must be:

- 
- Criterion #1: Holder of the nationality of the participating team
- Criterion #2: An athlete must be nominated by the pertinent national taekwondo association that is recognised by the World Taekwondo Federation
- Criterion #3: Holder of the Kukkiwon Poom or Dan Certificate  
 (\* A copy of the Dan certificate should be enclosed when registering for accreditation. In case a contestant has applied for a Kukkiwon Dan certificate but has not received it yet, a copy of the Dan application form and the remittance certificate sent to the Kukkiwon must be enclosed when registering for accreditation. Please refer to the Kukkiwon Web site ([www.kukkiwon.or.kr](http://www.kukkiwon.or.kr)) for more information.)
- Criterion #4: An athlete must be 17 years old or older in the year of the 2016 WTF World Taekwondo Championships. Athletes born before January 1, 2000 will be eligible to participation in the Championships.
- Criterion #5: Holder of the WTF Global Athlete License (GAL). All officials should hold the WTF GOL card.  
 \*\*\* Holder of valid WTF Global Athlete Licence (GAL). Any questions on the WTF GAL please contact the WTF Global Licence Administration Manager at [gmsadmin@wtf.org](mailto:gmsadmin@wtf.org)
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#### 5. Team members

The following accreditations will be provided to team members, on request to the OC.

Role	Male Team	Female Team
Head of Team		1
Manager		1
Coach	1	1
Trainer	1	1
Team Doctor		1
Contestants	8	8



## 6. Rules

### 6.1 Method of competition

Single elimination tournament

### 6.2 Competition Rules and Method

The W.T.F. Competition Rules

### 6.3 Time Mode

Single elimination tournament system  
2 minutes x 3 rounds with 1 minute break

### 6.4 Weight Categories

Men's divisions		Women's division	
<b>Under 54 kg</b>	Not exceeding 54kg	Under 46kg	Not exceeding 46 kg
<b>Under 58 kg</b>	Over 54kg &not exceeding 58kg	Under 49kg	Over 46kg &not exceeding 49kg
<b>Under 63 kg</b>	Over 58kg &not exceeding 63kg	Under 53kg	Over 49kg &not exceeding 53kg
<b>Under 68 kg</b>	Over 63kg &not exceeding 68kg	Under 57kg	Over 53kg &not exceeding 57kg
<b>Under 74 kg</b>	Over 68kg &not exceeding 74kg	Under 62kg	Over 57kg &not exceeding 62kg
<b>Under 80 kg</b>	Over 74kg &not exceeding 80kg	Under 67 kg	Over 62kg &not exceeding 67kg
<b>Under 87 kg</b>	Over 80kg &not exceeding 87kg	Under 73kg	Over 67kg &not exceeding 73kg
<b>Over 87 kg</b>	Over 87kg	Over 73kg	Over 73kg

### 6.5 Awards

Individual Awards: 1st, 2nd and two 3rd places will be awarded for each division.

Team Awards: Based on the Olympic point system, the top three (3) teams of the Men's division and the top three (3) teams of the Women's division will receive trophies.

An overall trophy will additionally be awarded to the three (3) top countries – based on the Olympic points system.

A trophy will be awarded to the best male and female contestants and a «fair play» award to the male and female athlete with the best sporting spirit.

### 6.6 Venue Rules

Only contestants and their coaches have the permission to enter the competition area.

Coaches must wear sportswear; the minimum age for a coach is 18 years.

For finals and semi-finals, the Coach will wear formal dress, that is to say, a suit, shirt and tie or dress.



## 6.7. Equipment

The Organising Committee will provide Daedo-recognised PSS body protector and headgear. It is compulsory for the contestants to provide their own groin guard, forearm guards, shin guards, mouth protector, gloves and electronic sensor socks.

Please note that sensor socks will not be available from the Organising Committee.

All uniforms (dobok) and protective equipment must be WTF recognised. If the dobok and/or protective equipment is not WTF recognized, access to the field of play may be rejected.

## 7. Entry

### 7.1. Visa Applications

To facilitate visa entry requirements, please complete and stamp the attached Visa Request Sheet and send it with a copy of each delegation member's passports to the Organising Committee's.

Visa application requests must be received no later than March 30th 2016; the email subject should be Organising Committee - Visa Application. The full name, address and contact number (phone, **Fax and EMAIL**) of Swiss embassy must be provided in this email.

Email: [info@taekwondoeuro2016.com](mailto:info@taekwondoeuro2016.com)

### 7.2. Registration

Registration is only possible via the Hangastar website [www.hangastar.com/wtf/](http://www.hangastar.com/wtf/)

### 7.3. Registration Deadline

The deadline for entries is April 19, 2016. Entries received after deadline will not be accepted. Please note that the deadline for hotel reservations, via the Organising Committee, is March 06, 2016.

### 7.4. Accreditation Photos

Please note that during registration on [www.hangastar.com/wtf/](http://www.hangastar.com/wtf/) a valid photo is required for each coach and competitor. These photos must be uploaded in a passport style format; any other format will not be accepted.

### 7.5. Procedure for Registration

Registration of a contestant is only valid once the ETU Bank Account has received the entry-fee payment in full. Any athlete registering on-line who does not take part in the competition and who has not been removed from the entry list before the deadline (April 19, 2016), is liable for paying his/ her entry-fee in full. For any athlete not presenting at registration, his/her team or official will be liable for ensuring full payment has been received, prior to the team's participation. The entry fee is non-refundable. Each National Team is required to present a copy of the bank transaction, as proof of entry-fee payment at the Registration Centre. Any team





unable to present a copy of the Bank transaction will be required to pay in cash to the ETU official responsible on-site.

## **7.6 Entry Fee Payment**

The entry-fee is €125 per contestant.

All fees must be paid in EURO'S; please ensure that the sender assumes any currency or bank charges. Any additional costs or charges to the bank account of the European Taekwondo Union must be paid in cash during registration. Payments must be received from the team of the National Federation (individual payments are not permitted).

Entry fees must be paid in advance to the following bank account:

Accountholder: European Taekwondo Union  
Name of the bank: Volksbank Bigge Lenne eG:  
IBAN: DE72 4606 2817 2751 1257 00  
BIC/SWIFT: GENODEM1SMA

Address details bank:

Niederste Str. 22-24  
57439 Attendorn  
GERMANY

## **8. Liability**

All competitors participate at their own risk.

The European Taekwondo Union and the Organising Committee assume no responsibility for any damages, injuries or losses. The Organising Committee reserves the right to make changes to the competition.

All contestants must bring their own documents, insurance and other forms for any medical treatment required during their stay in Montreux, Switzerland. The consequences for any contestant unable to provide such medical documents will be decided onsite.

## **9. International Referees**

The ETU will appoint a total of forty (40) International Referees. The appointed International Referees shall officiate at the European Taekwondo Senior Championships 2016. The following conditions shall apply:

1. International Referees are required to pay for their own round-trip airfares.
2. The Organising Committee shall pay the expenses for six (6) nights room and board. Check-in: May 17 2016 / Check-out: May 23 2016
3. The Organising Committee shall pay a per diem of €75 to the appointed International Referees during the competition period (a total of four days).



## 10. Technical Delegate and Competition Supervisory Board

The WTF will appoint one (1) Technical Delegate and the ETU will appoint four (4) members of the Competition Supervisory Board (CSB) who shall oversee the European Taekwondo Senior Championships 2016. The following conditions shall apply:

1. The Organising Committee shall pay the room and board expenses for the Technical Delegate and CSB members over six (6) nights.  
Check-in: May 17 / Check-out: May 23
2. The Organising Committee shall pay according to the ETU-OC contract.

## 11. Anti-Doping

1. The WTF Anti-Doping Rules and, where applicable, the World Anti-Doping Agency (WADA) Code and its International Standards, shall apply throughout the competition. The 2016 List of Prohibited Substances and Methods is available here: <https://www.wada-ama.org/en/resources/science-medicine/prohibited-list>
2. In-Competition Testing: Anti-doping tests will be carried out on selected finalists, in addition to other random and/ or target testing as determined necessary. *No Advanced Notice Testing* will be conducted, in accordance with the WADA Code.
3. Out-Of-Competition Testing: The WTF and/or WADA may conduct Out-Of-Competition testing prior to the championships. All participating contestants are required to submit their latest and most accurate *Athlete Location Forms*.
4. Therapeutic Use Exemption (TUE)  
Athletes requiring the use any substance or medication included on the WADA Prohibited Substances List must make an application for a Therapeutic Use Exemption (TUE). TUE applications must be made **no later than 17 April 2016** (for substances prohibited In-Competition) and should be sent to the ETU via email: [taekwondoetu@gmail.com](mailto:taekwondoetu@gmail.com), or submitted online via ADAMS - for those athletes with an active user account.

**Please remember that unless you have received a TUE authorisation, your TUE application is not considered as approved. Use of any substance or method without a TUE authorisation may result in an Anti-Doping Rule Violation.**

For ADAMS login, please contact the National Anti-Doping Organization (NADO) in your country.

## 12. Head of team meeting & drawing of lots session

1. The Head of Team meeting and the Drawing of Lots session for the European Taekwondo Senior Championships 2016, will take place on May 18, 2016, in the presence of the ETU Officials and the representatives of the participating nations.
2. The Drawing of Lots will take place at the Eurotel, Montreux.
3. The Drawing process will be conducted electronically by ETU.
4. The ETU Coaches License is mandatory otherwise 200 Euros Penalty is required.



### **13. Weigh-in**

1. Contestant weigh-in must be completed one(1) day before their scheduled competition day.
2. During the weigh-in, male contestants shall wear underpants and female contestants shall wear underpants and brassieres. Contestants may, however, weigh-in nude, if they so wish to.

### **14. Indemnities**

1. The respective Member of National Associations are responsible for ensuring that their participants have duly completed and signed the official participation forms, thus indemnifying the organisers and ETU, its officials and other contestants from any claims of injuries, losses, fatalities or otherwise arising in the course of participation in this championship or any activity.
2. The respective Member of National Associations will be responsible for ensuring that all Officials and participants are covered with effective and sufficient insurance cover.
3. Participants who have not duly completed their entry forms, or do not have effective insurance cover will not be allowed to compete at the championships.

### **15. National flag and anthem**

Every participating Member National Association is required to provide the following items for use during the Opening and/or Closing ceremonies:

1. Two (2) IOC-recognised national flags • Size: 90cm x 130cm
2. A USB key of the pertinent IOC-recognised national anthem

Items mentioned in 1 & 2 must be submitted to the Organising Committee during registration at the Registration Centre at the Montreux Eurotel.

### **16. Accommodation**

#### **16.1 Booking Deadline**

In order to benefit from the special rates proposed by the Organising Committee, participating teams are required to complete their hotel reservation by **no later than March 6th, 2016**.



## 16.2 Hotel Information

The Organising Committee has obtained the most favourable accommodation rates for all teams and individual participants.

For the **Hotel reservation, please go to our website**

<http://www.taekwondoeuro2016.com/hotels>. Here you can either reserve your hotel rooms, by directly selecting your choice, or by accessing and completing the hotel reservation form.

If you have any difficulties making your reservation, further information is available at: [www.montreuxriviera.com](http://www.montreuxriviera.com)

Sonia Francescato is also available to assist you in making your selection and can be contacted as follows:

Tel.: +41 848 86 84 84

e-mail: [info@montreuxriviera.com](mailto:info@montreuxriviera.com)

The hotel for Official members is: Eurotel Montreux\*\*\*\*, Grand Rue 81 in Montreux.

Officials should also register their hotel reservation as described above, via our website.

## 16.3 Transportation from to airport

For the official persons and teams a bus transport service will be provided free of charge between Geneva Airport and official Montreux Hotel, and from official Montreux Hotel to Geneva Airport:

Arrivals: Monday 16 May and Tuesday 17 May

Departures: Monday 23 May

Please ensure that you forward us **Travel Schedule of team document** duly filled with your flight arrival and departure information to/ from Geneva Airport to: [info@taekwondoeuro2016.com](mailto:info@taekwondoeuro2016.com).

The OC will advise your Head of Team concerning the transfer information.

## 16.4 Local Transportation

Any person who booked hotel in the Montreux region can claim a free ticket at the hotel registration desk to travel for free on the whole Montreux Riviera public transportation network. <http://www.myswitzerland.com/en-ch/montreux-riviera-card.html>

### **REMINDER:**

The participating teams are required to complete their hotel reservations no later than **March 06, 2016** via our website <http://www.taekwondoeuro2016.com/hotels>.



**Timetable(subject to modification)**  
**ETU European Taekwondo Senior Championships 2016**  
 19-22 May 2016 / Salle omnisports du Pierrier, Montreux, Switzerland

Time	Event	Place
<b>Monday 16 May 2016</b>		
	Geneva Airport	Team Arrival
<b>14:00 – 20:00</b>	Hotel Eurotel	Team registration
<b>10:00 – 20:00</b>	Salle Collège Vinet	Team training
<b>Tuesday 17 May 2016</b>		
	Geneva Airport	Team Arrival
	Geneva Airport	Referee Arrival
<b>10:00 – 20:00</b>	Hotel Eurotel	Team registration
<b>10:00 – 20:00</b>	Salle Collège Vinet	Team training
<b>Wednesday 18 May 2016</b>		
<b>10:00 – 20:00</b>	Salle Collège Vinet	Team Training
<b>10:00 – 12:00</b>	Salle Omnisports du Pierrier	Weigh in for Male -54kg -58kg Female -46kg -49kg
<b>14:00 – 16:00</b>	Hotel Eurotel	Head of Team Meeting Drawing of lots
<b>10:00 - 19:00</b>	Salle Omnisports du Pierrier	Referee Meeting
<b>15:00 – 16:00</b>	Hotel Eurotel	Press Conference
<b>Thursday 19 May 2016</b>		
<b>09:00 – 13:00</b>	Salle Omnisports du Pierrier	Preliminary fights
<b>10:00 – 12:00</b>	Salle Omnisports du Pierrier	Weigh in for Male -63kg -68kg Female -53kg -57kg
<b>13:00 – 17:00</b>	Salle Omnisports du Pierrier	Preliminary fights & Semi Finals
<b>17:00 – 18:00</b>	Salle Omnisports du Pierrier	Finals
<b>18:00 – 20:00</b>	Salle Omnisports du Pierrier	Opening Ceremony Medals Ceremony & Press Conference
<b>Friday 20 May 2016</b>		
<b>09:00 – 13:00</b>	Salle Omnisports du Pierrier	Preliminary fights
<b>15:00 – 17:00</b>	Salle Omnisports du Pierrier	Weigh in for Male -74kg -80kg Female -62kg -67kg
<b>13:00 – 17:00</b>	Salle Omnisports du Pierrier	Preliminary fights & Semi Finals
<b>17:00 – 18:00</b>	Salle Omnisports du Pierrier	Finals
<b>18:00 – 19:00</b>	Salle Omnisports du Pierrier	Medals Ceremony & Press Conference
<b>Saturday 21 May 2016</b>		
<b>09:00 – 13:00</b>	Salle Omnisports du Pierrier	Preliminary fights





<b>10:00 – 12:00</b>	Salle Omnisports du Pierrier	Weigh in for male -87kg +87kg Female -73kg +73kg
<b>13:00 – 17:00</b>	Salle Omnisports du Pierrier	Preliminary fights & Semi Finals
<b>17:00 – 18:00</b>	Salle Omnisports du Pierrier	Finals
<b>18:00 – 19:00</b>	Salle Omnisports du Pierrier	Medals Ceremony & Press Conference
<b>Sunday 22 May 2016</b>		
<b>09:00 – 13:00</b>	Salle Omnisports du Pierrier	Preliminary fights
<b>13:00 – 17:00</b>	Salle Omnisports du Pierrier	Preliminary fights & Semi Finals
<b>17:00 – 18:00</b>	Salle Omnisports du Pierrier	Finals
<b>18:00 – 19:00</b>	Salle Omnisports du Pierrier	Medals Ceremony & Press Conference
<b>Monday 23 May 2016</b>		
	Departures	

**This scheduling is subject to change and you will be informed on time.**



## Liability declaration

### ATTENTION:

This form must be completed and signed by all members of the National Team individually and sent to Organising Committee at the following email address:

[info@taekwondoeuro2016.com](mailto:info@taekwondoeuro2016.com)

Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Country: \_\_\_\_\_

National Federation: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

I declare that I participate in the European Taekwondo Senior Championships 2016, according to the rules and regulations of the WTF and the official invitation for this tournament.

I take the responsibility of my personality and I understand that all competitors are considered to participate at their own risk. The ETU & the Organizing Committee assume no responsibility for any damages, injuries or losses. All contestants must bring their own documents and forms for any medical treatment in Montreux, Switzerland.

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature:



## Travel Schedule of team

Contact Information:

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

No	Name	Function	Arrival flight			Departure flight		
			Arrival date	Flight number	Time of arrival	Departure date	Flight number	Time of departure

Note: This document must be returned to the Organizing Committee no later than April 19, 2016 to [info@taekwondoeuro2016.com](mailto:info@taekwondoeuro2016.com), to ensure appropriate transportation arrangements for your team.

Teams who choose the proposed by OC Hotels, will get free transportation



### Visa Request Information Sheet

No	Surname	Name	Date of Birth	Place of Birth	Passport No	Passport Issue date	Passport expiry date	Passport Nationality

Date :

Signature and Stamp:

**ATTENTION:**

Please complete and stamp the attached *Visa Request Sheet* and send with a copy of each delegation member's passports to the Organising Committee no later than March 30th, 2016. The email subject should be *Organising Committee - Visa Application*. The full name and address and contact number (Phone, **FAX and EMAIL**) of your embassy must be provided in this email.

E-mail: [info@taekwondoeuro2016.com](mailto:info@taekwondoeuro2016.com)



## SPONSORS

### PROMOTER



### OFFICIAL PARTNERS



### ORGANIZERS | STATES PARTNERS



Schweizerische Eidgenossenschaft  
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**VAUD** 

